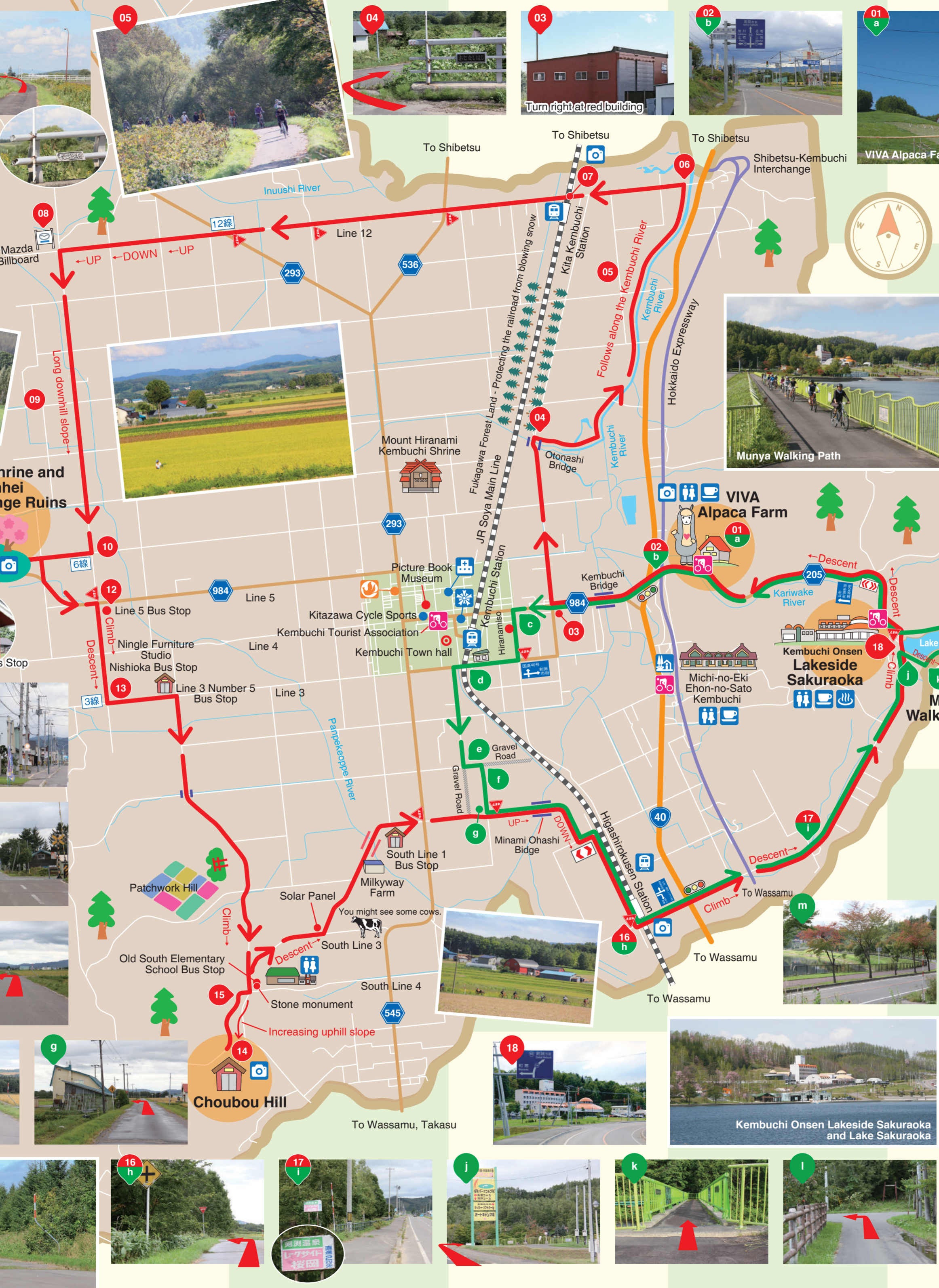
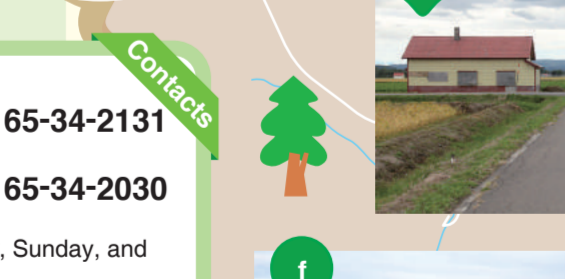
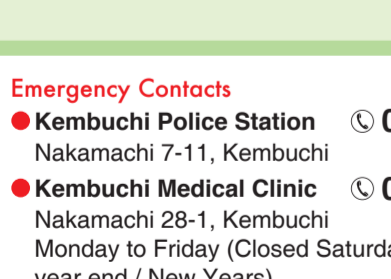
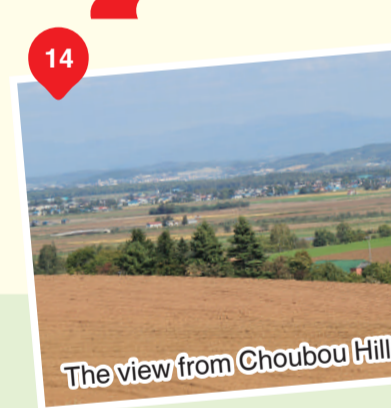




### About the town of Kembuchi

Kembuchi, a town that aims to combine picture books, social welfare and agriculture into one culture. Here you can find the slow life, tucked into nature. It is a town where you will be touched by the kindness of the town's residents. The beautiful sky, lake and rural scenery could be right out of a picture book!



**Intermediate 38 km course**

You may enjoy this intermediate course if you are already used to cycling. This enjoyable course goes around Kembuchi sightseeing spots, along the river and through tranquil farmland. The highlight is the challenging climb up Outlook Hill and seeing the scenery at the top!

Check out the routes with this QR code!

**Beginners 20 km course**

Riding the spacious roads through town, this course goes around Lake Sakuraoka. Near the lake you can see cherry blossoms in the spring, autumn colors in the fall and enjoy the changing of the seasons in nature. With few hills, this course is just right for beginners.

Check out the routes with this QR code!

- Rental Cycles
- Restrooms
- View Point
- Cafe-Restaurant
- Hot Spring
- Convenience Store
- Hospital
- Police Station

**To safely enjoy cycling:**

- Ride on the left side of the road.** The general rule is for bicycles to ride on the left side of the road. It is a road, so the Road Traffic Act prohibits bicycles from riding side-by-side.
- Take care riding too fast.** Riding faster than you can control not only increases your chance of crashing yourself, but also your chance of running into a pedestrian, which is very dangerous. Please endeavor to maintain a moderate speed.
- Breaks and rehydration.** Take breaks and rehydrate before you have to, frequently and sufficiently. It is also recommended to wear a helmet or hat to help prevent heatstroke.
- Entering fields is prohibited.** Fields are the property of the farmers. Please don't trespass on farmland without permission.

**Rental Bicycle Pickup Spot**

We recommend advance reservations.

- Kembuchi Tourist Association TEL 0165-34-3848  
Chamber of Commerce and Industry Building Midorimachi 7-1, Kembuchi
- Kembuchi Onsen Lakeside Sakuraoka TEL 0165-34-3100  
Higashi-machi 5141, Kembuchi
- Michi no Eki Rest Stop TEL 0165-34-3811  
Picture Book Land, Kembuchi Higashimachi 2420, Kembuchi
- VIVA Alpaca Farm TEL 0165-34-3911  
Higashimachi 3733, Kembuchi

**Emergency Contacts**

- Kembuchi Police Station TEL 0165-34-2131  
Nakamachi 7-11, Kembuchi
- Kembuchi Medical Clinic TEL 0165-34-2030  
Nakamachi 28-1, Kembuchi  
Monday to Friday (Closed Saturday, Sunday, and year end / New Years)

**Bicycle Shop**

- Kitazawa Cycle Sports TEL 0165-34-2514  
Midaorimachi 8-5, Kembuchi

**Inquiries**

- Kembuchi Tourist Association TEL 0165-34-3848  
Chamber of Commerce and Industry Building Midorimachi 7-1, Kembuchi
- Kembuchi Town hall TEL 0165-34-2121  
Nakamachi 37-1, Kembuchi

About the QR code  
You can watch a video of each course, 38km and 20km, using the QR codes to the right on your smart phone.